

Employee Assistance Program



Haileybury offers an independent Employee Assistance Program.

Your Employee Assistance Program is:

- A confidential service
- Available to all employees
- Available for up to **4 sessions** per issue

Haileybury offers a comprehensive Employee Assistance Program (EAP) designed to assist you in meeting the challenges and demands of your work and personal life.

The Employee Assistance Program (EAP) is a professional counselling service that offers confidential, short-term support for a variety of work-related and personal problems that may be affecting you at work or at home. The Employee Assistance Program (EAP) gives you access to qualified professionals, including psychologists, social workers and management coaches.

Your EAP can help with a range of issues and concerns, including:

- Interpersonal conflict and tension
- Work-related stress
- Changes in your work environment
- Harassment and grievances
- Relationship or family matters
- Personal and emotional stress
- Grief and bereavement
- Career issues
- Mental health concerns
- Personal crisis or trauma

Accessing the service

When you contact the Employee Assistance Program, you can arrange to speak with an EAP counsellor over the phone or make an appointment to see a consultant for a face-to-face session.

Office hours are 8.00am – 4.00pm Monday to Friday. Services are available 24 hours, 7 days a week, to facilitate enquiries, booking requests and to provide assistance in crisis situations.

You can access counselling assistance for up to **4 sessions** per issue. If you decide to access your Employee Assistance Program your details will not be passed on to anyone in Haileybury.

Converge
international



Converge International is your Employee Assistance Program (EAP) provider. To make an appointment or speak to a consultant:

1300 our eap
1300 687 327